



INTEGRITY  
MARTIAL ARTS



## TEAM TIGER CLASSES

### MONDAYS

- WIMBORNE @ ALLENBOURNE MIDDLE SCHOOL 4 - 4.45 PM.

### TUESDAYS

- STURMINSTER NEWTON @ STURMINSTER NEWTON LEISURE CENTRE 4 - 4.45 PM.

### WEDNESDAYS

- POOLE @ ROSSMORE LEISURE CENTRE 4 - 4.45 PM.

### THURSDAYS

- BLANDFORD @ KANGA GYMNASTICS CENTRE 4.10 - 4.55 PM.

### FRIDAYS

- FERNDOWN @ FERNDOWN LEISURE CENTRE 4.15 - 5 PM.

### SATURDAYS

- MAIDENHEAD @ PINDER HALL COCKHAM 9 - 9.45 AM.
- WINDSOR @ BROOM FARM COMMUNITY CENTRE 11 - 11.45 AM.

### TELEPHONE NUMBERS :

**FOR MOST OF THE ABOVE CLASSES CALL : KIM 07989 928403**

**FOR MAIDENHEAD AND WINDSOR CALL MATT :07828 534817**